

Have you ever had problems which you couldn't solve by yourself and
don't know who you should consult with?
Is it better to be able to share them with someone?
Wall of Sharing can help you!

What is Wall of Sharing? Wall of sharing is a project aimed to create social service activities for helping the students of public universities, who are studying in the bachelor degree level, and other foundations that have joined the project. Many of these students and foundations often have trouble accessing mental health services. For example, having trouble with the cost of the services or thinking that seeing a psychiatrist is a difficult thing. Wall of Sharing knows the problems and figures these out by supporting them the cost. Therefore, they are able to use ooca app (an app where you are able to have videocalls with psychiatrists or psychologists) for free.

Wall of Sharing Guidebook

How to register

Note: Click on the name of the university to see how to register for that university

Steps of the registration

The Suranaree University of Technology (SUT)

1. Go to
2. Go to 'Participating universities' and select 'Suranaree University'
3. Select "Check your Email" or go to check your email at
4. Log in
5. Select 'ระเบียบประวัติ'
6. Register in the ooca application using the email that you've received from the university

Note: if you haven't received your email yet, check junk mail

Steps of the registration Mahidol University

1. Go to
2. Go to 'Participating universities' and select 'Mahidol University'
3. Click 'smartedu'
4. Log in at 'smartedu'
5. Click 'Student Information'
6. Click 'ระเบียบทะเบียนสิทธิ'
7. Click agree and then your email will be taken into the ooca system next Tuesday

Steps of registration University of Phayao

1. Go to
2. Go to 'Participating universities' and select 'University of Phayao'
3. Select 'let's talk'
4. Register in the ooca app using your university email

Steps of registration KMITL

1. Go to
2. Go to 'Participating universities' and select 'KMITL'
3. Select 'Let's talk'
4. Register in the ooca app using your university email

Steps of registration Dent CMU

1. Go to
2. Go to 'Participating universities' and select 'Dent CMU'
3. Select 'Let's talk'
4. Register in the ooca app using your university email

Steps of registration Thammasat University

1. Go to
2. Go to 'Participating universities' and select 'Thammasat University'
3. Select 'Register' or register in the google form
4. Wait for a confirmation email within 24 hours
5. Register in the ooca app using the email that was registered through the google form of wall of sharing

Steps of registration

The freedom story

1. Go to
2. Go to 'Participating universities' and select 'the freedom story'
3. Select 'Let's talk'
4. Register in the ooca app using the university email.

Steps of registration Other Universities

1. Go to
2. Go to 'Participating universities' and select 'Other universities' or register in the google form
3. Wait for a confirmation email within 1-3 days (only on weekdays)
Note: if you haven't received your email yet, check junk mail
4. Register in the ooca app using your university email

Guide to registration Ooca Application

There are two ways to use Wall of Sharing

For mobile phones

Download ooca application for Play store or App store

For Desktop or Notebook

Go to www.ooca.co through google chrome or firefox only and select 'get started'

How to register for ooca application

1. Open ooca application
2. Click “log in”
3. -Log in via Email or mobile number
-then click “Continue”
4. click “Continue” then a confirmation email will be sent to you
5. Once you have received your email, click "sign in to ooca"-click “Make an appointment”
6. -click “Make an appointment”
-If you would like immediate consultation, scroll down the screen and observe the "Online Provider”
7. -select the topics that you would like to consult (select up to three topics)
-click “Continue”
8. Select the duration of consultation that you want (30 or 60 minutes)
9. The system will then select specialists that match the topics that you have chosen. You can scroll down and choose the specialist that you want.
10. once you have read the details of the specialist click “click an appointment”
11. Select the time that suits you best for the consultation then click continue
12. click “confirm” to create the appointment
13. The appointment is complete! The system will then send you an appointment confirmation email
14. Near the time of the appointment, enter the "ห้องรอตรวจ" 10 minutes before time
15. When it is time, the "เข้าสู่ห้องสนทนา" button will turn blue and you will be able to click it
16. After that, the specialist will join you in the room
17. Let's consult!

Find more information at